

# Eastside Village Voice

*For members and trained volunteers of Eastside Village*

January 2017

## **All Member Meeting - Rescheduled for January 28**

The weather was NOT cooperative this past month, forcing us to cancel the All Member meeting and Cookie Exchange we'd planned for December 10. But never fear, we will try it again on January 28 from 1 to 3 pm at the First Covenant Church, at 107 NE 45<sup>th</sup>. No need to bring cookies this time, the Village will provide snacks and beverages. But do bring some cash so you can buy some raffle tickets for the amazing prizes we have (\$5.00 per ticket or \$20 for 5.)

## **Vetted Vendors**

The four open villages are now moving forward on screening vendors for use by all our members. All vendors approved in one village will be referred by all villages – increasing vendor exposure a great deal. Within the next month or so we should have a list of over 10 vendors to share with members who call for referrals.



One vendor, located inside our village boundaries, has already been approved. Please welcome Hawthorne Auto Clinic to our Village as a vetted Vendor. Liz and



Jim, the co-owners, have been in business at their current location (4307 SE Hawthorne Blvd) for 33 years. They are referred to us by Cary Hixon, a Village member and volunteer. They have been her mechanic for several years and have always taken great care of her vehicles.

Hawthorne Auto Clinic hires graduates from a PCC program and then has them work in a two year supervised apprenticeship to ensure that they are fully trained. In addition, mechanics are incentivized (paid extra) to attend annual trainings and also sit for several exams to receive specialized certifications. All this is voluntary since there is no certification or licensure required by the State of Oregon. Turns out anyone in Oregon can call themselves a mechanic so it's nice to see Jim and Liz take training seriously. They get an A+ rating from the Better Business Bureau, an A- from Angie's List, a 4-star rating from Yelp and a 4.7 from Google. Jim and Liz are very active in our neighborhood and do a lot of community organizing and volunteer work.

Hawthorne Auto Clinic is able to provide DEQ inspections for cars newer than 2005 so you no longer need to wait in the long lines at the state inspection sites. They guarantee their work for two years. Jim and Liz are offering to provide Village members with free pick-up/drop-off transportation. Depending on your location or preference they'll pick up your car and return it when they're done or take you home after you drop your car off to them. And if those options don't appeal to you'll they will cover the cost of using Lyft to get you home. Quite a nice little perk!

We welcome Jim and Liz at Hawthorne Auto Clinic to our Village as vetted vendors.

## Meal Train

Eastside Village has had several members that have needed support during recovery from hospital procedures over the past year. In an effort to ensure our members have regular visits and are eating well,



the Village will begin using an application called Meal Train to coordinate food and visits. When a member is in need, the Village will send out a message to other members with a link to the Meal Train listing. You simply open the link, sign up for dates that you can help and reminders will be sent to you when your date approaches. If you have any trouble with Meal Train – call the office and we will help you sign up. Susan McCall, the first recipient of our village Meal Train food coordination reports that it has been a “real lifesaver”!

## **Emergency Preparedness Workshop**

Dennis Hopkins will host an Emergency Preparedness workshop on Sunday, January 22 from 3:00-5:00 pm at his house: 1724 SE 32nd Place. Three main topics will be covered:

- \*Food and supplies for after the big one, how much and where to store them.
- \*Emergency supplies to carry in your car.
- \*House "Go" bag and bedside kit.

Please RSVP by email [denlhop@gmail.com](mailto:denlhop@gmail.com) or phone [\(503 307-2559\)](tel:5033072559) so Dennis knows how many are coming and how many handouts he'll need.



## **Movie Club Update**

The Movie Club has really taken off. We had nine members at our last movie, A Man Called Ove. After the movie the entire group went to a nearby cafe to warm up and talk movies. Cary Hixon is sending the movie invitations via email. If you are not getting her emails and would like to be included, send her a message at [cary.hixon@gmail.com](mailto:cary.hixon@gmail.com) and she'll get you on the distribution list. And, if by chance you are getting her emails but prefer not to, just drop her a note and



she'll remove you from the list. Upcoming movies might include Fences, Manchester by the Sea and Jackie.

### **Comedy Anyone?**

Friday, February 3 at 8pm, there will be a show called Laughter is the Best Medicine, at Revolution Hall (1300 SE Stark). Tickets are \$18 in advance and \$20 at the door. The show is presented by Vital Life, supporting programs that bring joy to seniors and families living with Alzheimer's. Buy your tickets on line or call the Eastside office by January 3 and we will reserve a seat for you. Several members are signed up to go – so carpool options will be available.



### **Club Express Training – Take Two!**

On Saturday, January 14, from 10:30 to noon, we will host another Club Express Assistance Workshop at Windemere Realty at 1610 SE Bybee. The training will include a live demonstration of Club Express functions as well as one-on-one help for members on how to use a variety of Club Express tools. Please feel free to bring your laptop so we can help get you set up! RSVP on line or by calling the office.



### **December 14 Toast Event**

Thanks to Fran Daggett for organizing a fundraising event at Toast in December. Eastside Village made over \$200 simply by advertising that a portion of a days' profit would be shared with us! If you know of other restaurants that would be willing to share their profits for a day with Eastside Village – please let us know and we will get the word out!

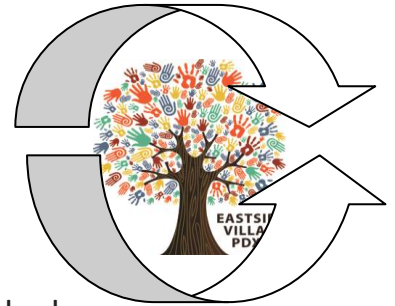


## Got a service need? Call the Eastside Village Office!

Do you have a chore that is begging to be completed? Do you need someone to walk your dog while you are on vacation? Do you have items in your garage to take to the transfer station? As members of Eastside Village – you have access to coordinated volunteer services to help you with these tasks. Don't be shy...call us at 503-866-0571.

## Become a Sustaining Member of Eastside Village!

Many of you will be receiving membership renewal notices this month. We hope that you will decide to renew your membership to Eastside Village! If you have any questions regarding renewal – please call the office and we'll be happy to assist you!



In addition to renewing your membership, consider becoming a "Sustaining Member" by setting up an automatic monthly donation of \$5.00 to \$10.00 each month. This extra donation helps sustain the Village and the expenses we incur. If you are interested in becoming a sustaining member, contact the office, at 503-866-0571, for more information.

## Eastside Book Group

The book club will meet on January 25 at 10:00am at Patricia Tollefson's home (8405 SE 23rd Ave) to discuss ***The Road Home*** by Rose Tremain. Patricia, our facilitator, starts us off by sharing information about the author and some reviews of the book. We then share our thoughts about the characters, plot and the flow of the book. We hope you will join us!



## Meditation and Mindfulness Gathering

Eastside Village member, Janice Roggenkamp, has offered to



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lead a monthly Meditation and Mindfulness gathering. The first session will be on January 27 from 9:30 to 11:30 am. The group will meet in her home (3220 SE Ramond St) on the 4th Monday of each month through April. A time of sitting in silence will be followed by dialogue and deep listening. Janice is a retired psychologist and is currently a spiritual director for which she trained and has completed a certificate.

Janice has received training in mindfulness meditation and centering prayer and has led meditation and contemplative prayer groups and retreat groups. If you are interested, either register on line, or call the office to register. You are welcome to contact Janice at [503-774-2928](tel:503-774-2928) for more information.



## January Village Events

(\*) Listings with asterisks are members only

January 6 and 20 at 9:30am - Coffee gathering at Tabor Space (5441 SE Belmont St)

January 11 at 9am - Breakfast at Toast (5222 SE 52nd Ave)

(\*) January 14 at 10:30am – Club Express Assistance Workshop at Windemere Realty (1610 SE Bybee)



January 21 at 10:30 pm – Eastside Village Information Session at Woodstock Wine and Deli (4030 SE Woodstock)

January 17 at 6:00 pm – Happy Hour 4 to 6pm at Epif (404 NE 28<sup>th</sup> Ave)  
Vegetarian and Vegan Food inspired by the Andes Region of South America  
...YUM!

(\*) January 18 at 9:30 am – Men's Coffee at Flying Cat Coffee House (3041 SE Division)

January 22 from 3 to 5pm – Emergency Preparedness Workshop at the home of Dennis Hopkins (1724 SE 32nd Pl)

January 24 at 9:30 am – Coffee with NE Village at Café Fleur de Lis (3930 NE Hancock)

(\*) January 25 at 7pm – Knit Night at Jin Darney's  
(Don't let the name scare you – bring any craft or just come and chat – the more the merrier!)

January 28 from 1 to 3pm – Rescheduled All Member Meeting at First Covenant Church, at 107 NE 45<sup>th</sup> Ave.

*Be sure to check the calendar on our website [www.eastsidevillage.org](http://www.eastsidevillage.org) for additional event listings that arise during the month!*

Happy Holidays Everyone!



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